

# MONET SABEL

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## OFF-BROADWAY

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SWEENEY TODD	Johanna, Beggar Woman & Adolfo Pirelli (U/S)	Barrow Street Theatre/Dir. Bill Buckhurst
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## THEATRE

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AGENT 355	Anna Strong / John Simcoe	Chautauqua Theatre/Dir. Estefania Fadul
CRAZY FOR YOU	Polly Baker	NYU Tisch/Dir. Dell Howlett
RAGTIME	Mother	NYU Tisch/Dir. Erin Ortman
CHILDREN OF EDEN	Eve / Mama Noah	Little Victory Theater/Dir. Brendan Stackhouse
ALL SHOOK UP	Miss Sandra	Arundel Barn/Dir. Taavon Gamble

## READINGS/CONCERTS

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ELLIS ISLAND HERITAGE AWARDS	Soloist	Dir. Sammi Cannold / MD Madeline Smith
BROADWAY: THE NEXT GENERATION	Soloist	Kennedy Center Millenium Stage/ Nikko Benson
THE CRAZY ONES	Chrisann Brennan	Musical Theater Factory/Zack Zadek
WENDY'S SHADOW	Tinkerbell	NYMF/Dave Maglione

## TRAINING

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NEW YORK UNIVERSITY - BFA Tisch School of the Arts, New Studio on Broadway & Stonestreet Film and TV  
On Camera: Andy Roth (VO Coaching), Ted Sluberski, Eric Reis, Bob Krakower  
Acting: Kent Gash, Jen Waldman, Alexandra Neil  
Voice: Tyley Ross, Michael McElroy, Aimée Steele, J. Oconer Navarro  
Dance: Byron Easley, Dell Howlett, Barry McNabb

## SPECIAL SKILLS

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American Sign Language, excellent sight singer, piano, guitar, music dictation, conversational French, ZFX flying experience, belay-certified rock climber, bike riding, studio recording experience (self-titled Big Band album, Kerrigan&Lowdermilk's live album, Alex Oyen's album), write/direct/perform original works and cabarets at 54 Below, Joe's Pub, Don't Tell Mama, National Sawdust, etc.  
Dialects: RP, Dublin, southern  
Soloist on 2019 Emmy nominated song // "Beautiful Things Can Grow" by Mark Sonnenblick (Song of Parkland on HBO)