





MONET SABEL

AEA | monetsabel@me.com

OFF-BROADWAY

SWEENEY TODD Johanna, Beggar Woman Barrow Street Theatre/Dir. Bill Buckhurst & Adolfo Pirelli (U/S)

THEATRE

CRAZY FOR YOU Polly Baker NYU Tisch/Dir. Dell Howlett
RAGTIME Mother NYU Tisch/Dir. Erin Ortman

CHILDREN OF EDEN Eve / Mama Noah Little Victory Theater/Dir. Brendan Stackhouse

ALL SHOOK UP Miss Sandra Arundel Barn/Dir. Taavon Gamble

WORKSHOPS/CONCERTS

ELLIS ISLAND Soloist Dir. Sammi Cannold /
HERITAGE AWARDS MD Madeline Smith

BROADWAY: THE NEXT Soloist Kennedy Center Millenium Stage/ Nikko

Benson

THE CRAZY ONES Chrisann Brennan Musical Theater Factory/Zack Zadek

WENDY'S SHADOW Tinkerbell NYMF/Dave Maglione

TRAINING

GENERATION

NEW YORK UNIVERSITY - BFA Tisch School of the Arts,

New Studio on Broadway: Musical Theatre & Stonestreet Film and TV Voice: Tyley Ross, Michael McElroy, Aimée Steele, J. Oconer Navarro

Acting: Kent Gash, Jen Waldman, Kenneth Noel Mitchell, Ted Sluberski, Andy Roth, Alexandra Neil

Dance: Byron Easley, Dell Howlett, Barry McNabb

SPECIAL SKILLS

American Sign Language, excellent sight singer, piano, guitar, music dictation, conversational French, ZFX flying experience, belay-certified rock climber, bike riding, studio recording experience (self-titled Big Band album, Kerrigan&Lowdermilk's live album, Alex Oyen's album), write/direct/perform original works and cabarets at 54 Below, Joe's Pub, Don't Tell Mama, etc. Dialects: RP, Dublin, southern